NELFT NHS
NHS Foundation Trust

Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Workshops

Aimed at parents of children in primary school and year 7

Understanding Your Child's Behaviour

1-2.30pm Thursday 13th October

Are you currently experiencing **difficulties with your child at home?** Would you like to come and **meet with other parents and carers** and learn about ways to **enjoy your time more with your child?**

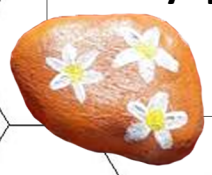
You are invited to a **workshop about understanding and communicating with your child.** It will help you consider **factors which influence behaviour.** We also discuss **techniquest that you can use at home** for behaviours that you feel are difficult to manage.

If you would like to join, please **ctrl + click the link below:**

Click here to join the meeting

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school.

We look forward to meeting you.



www.nelft.nhs.uk