



Friday 6<sup>th</sup> January 2023

## TERM DATES FOR THE DIARY

### Next Week:

- 9<sup>th</sup> January – Sleep Hygiene Workshop for parents 2pm – 3pm
- 12<sup>th</sup> January – PTA meeting 7:30pm (please contact the school office for details if you would like to attend)
- 13<sup>th</sup> January – Sleep Hygiene Workshop for parents 9:30pm – 10:30pm
- 13<sup>th</sup> January – Swimming 4OS and 4JL

- 16<sup>th</sup> January – HBJS Choir to O2 Young Voices Choir
- 20<sup>th</sup> January - Swimming 4OS and 4JL
- 27<sup>th</sup> January - Swimming 4OS and 4JL
- 3<sup>rd</sup> February - Swimming 4WK and 4KD
- Week beginning Monday 6<sup>th</sup> February – Children's Mental Health Week
- 7<sup>th</sup> February – Parents Evening YEAR 6 ONLY
- 8<sup>th</sup> February – Parents Evening YEAR 6 ONLY
- 8<sup>th</sup> February – Art Day (for Mental Health Week)

Welcome back to term 3! I hope that you all had a very happy and peaceful Christmas holiday.

It has been a great start to the term with the children returning confidently and ready for their learning. As the term progresses we will add further dates to the diary listed above so that you have reference to the events that take place in school.

Today, 86 children were awarded a silver star pin for achieving 100% attendance in terms 1 and 2. Further details can be found in the section 'Attendance Stars' later in this newsletter. Well done to all those children who were awarded their silver pins today.

Last November, Herne Bay High School visited the school as part of their Dance Dash across Herne Bay. Each school they visited, gave their Children in Need donations to the students so that the money raised would be given to the charity as a collection. I was impressed to learn this week that the sum total the students collected was £3716.85! This is a great achievement and I'd like to thank Ali O'Neill and the students and staff at HBHS for their time and effort in putting this annual fundraising event together.

### ATTENDANCE

Our whole school attendance this week is 91.81%. Overall attendance to date is 93.52%.

Well done to 6ALT for achieving 97+% attendance this week.

86 children remain in the 100 club with 100% attendance.  
157 pupils currently have attendance of 98% or above.

137 late codes have been recorded this week. Please ensure that your child arrives at school **by 8:45am** each day.

### ATTENDANCE STARS

We want to recognise children when they achieve 100% attendance for a seasonal term.

Children who have 100% attendance for terms 1 and 2 will receive a silver star pin. If they continue with 100% into terms 3 and 4, they will be awarded a gold star pin. If their attendance continues across terms 5 and 6, they will then receive a surprise award!

For children who didn't make 100% in terms 1 and 2, don't worry! New Year - new start! You can work towards a silver star, then, in terms 5 and 6 you have the chance of going for a gold star pin ☆

### HOUSE POINTS

**Red** House are the winners this week with 147 points – well done!

**Yellow** House – 116 points

**Green** House – 84 points

**Blue** House – 70 points

### SEN TEAM NEWS

#### Sleep Hygiene Workshops

Did you know that poor sleep can lead to behaviours in line with ADHD, anxiety, memory difficulties and emotional problems?

Following the success of the Emotional Regulation workshops provided for parents last term, Miss Black will be holding two sleep hygiene sessions next week.

The informal gathering will be a chance to talk through strategies that can help children and families establish good evening and bedtime routines. The aim is to provide families with resources that will be useful in the home as well as provide a safe space for parents to talk about the difficulties they are experiencing.

Both sessions will be the same so you only need to attend one.

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Monday 9<sup>th</sup> January 2-3pm  
Friday 13<sup>th</sup> January 9:30-10:30am  
No need to sign up; just arrive at school and sign in via our reception.

## MENTAL HEALTH & WELLBEING NEWS

### Happier January

Do you want to be part of a happier and kinder world in 2023? Even in uncertain times, there are lots of things we can do to stay hopeful, make progress and help others. Action for Happiness have created a January calendar full of actions to get the new year off to a positive start. Please see the calendar attached to this news

### Emotional Wellbeing Team workshops

The Emotional Wellbeing Team online workshops offer information around key topics that will help you to understand what is going on for your child and strategies to support them, based on the latest evidence and practice. The workshops dates for terms 3 & 4 are attached to this newsletter. The details of each workshop, and the Teams link to attend it, will be shared in the newsletter the week before each one takes place. If you have any questions, please speak to Mrs Edwards.

## HARDSHIP HELP GUIDE

Kent County Council's Integrated Children's Services have produced a Hardship Help guide. It includes universal support available across Kent and England, as well as district-specific support. It has been produced in recognition of the cost-of-living crisis to help partners more easily and quickly identify the right support for families.

The guide is attached to the newsletter or available through this link-

Feedback on the guide is welcome. If you think any of the information is incorrect, or if you have useful information to include in this guide, please contact your Area Partnership Manager:

East Kent: Canterbury and Thanet - [jenny.hanna@kent.gov.uk](mailto:jenny.hanna@kent.gov.uk)

## INCLUSION BEAR

### Nominated:

William, in 5EW, nominated all the staff that took part in the panto. He thought it was excellent and wanted to say thank you for the time and effort put into it.

Izzy, in 4WK, nominated Layla, Isla and Rosalie for being great friends and for being so kind to her when she has needed it.

Lola, in 6ALT, nominated Poppy-Ann because she is always a great friend and helps cheer her up when she is sad.

### Awarded to:

Fred, in 6CC, nominated Mr Hobbs. Fred wrote a lovely letter about why he feels Mr Hobbs deserves Patch, including how he supports all the children if they are finding something challenging, encouraging them if they lose a competition and organising great activities in the forest. Fred then asked lots of children throughout the school to sign the letter. Mr Hobbs was delighted to be awarded Patch and is looking forward to him taking part in outdoor activities next week.

## #WAKEUPWEDNESDAY

### How to stay safe on new devices

Whether you're an internet newbie or a pro at surfing the web, it's always important to keep online safety in mind. National Online Safety have pulled together a list of top tips to make it easier for you to protect yourself and your devices in the digital world - helping you steer clear of hazards like misleading information and vicious viruses. There's never a bad time to refresh your internet safety knowledge, but it's an especially smart thing to do before you start using any shiny new devices! In the guide attached to the newsletter, you'll find tips such as double-checking your news sources, taking breaks from being online and not sharing personal information.

## ROCKING READERS

Rocking Readers award will return next week!

## FRENCH CLUB

Le Club Francais will be running a lunch time French club in school every Thursday starting 12<sup>th</sup> January. If you would like your child to attend, please complete the form that is attached to this newsletter.

## HERON JUNIOR FISHING CLUB

Would your child be interested in learning how to sea-fish?



Junior Fishing is held at the Heron Angling Society every other Thursday 6pm- 8pm.

All equipment is provided as well as bait.

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Healthy School



Weather permitting, we will be in front of our clubhouse fishing, otherwise we will be inside making some traces (fishing tackle). We aim to teach children the basics of sea fishing and what to look out for when fishing.

Junior club dates are every other Thursday 6-8pm starting on the **19th January 2023**.

After the 3rd visit, there is a requirement that they join the Junior Club which is £7.50 for the year.

Following, can start to fish competitions with members of the Heron Angling Society.

For those interested, please contact:

Phil.Gower, Chairman/ President – 07908 213441

### **STAR OF THE WEEK**

Well done to the following children for being identified as this week's Stars of the Week.

3AR Elsie Burrell  
3BW Olly Lofts  
3MC Charlotte Tight  
3WH Erin Sacks

4JL Elijah Alden  
4KD Luca Streatfield  
4OS Tommy Gray  
4WK Oliver Aitchison

5BP Evie Reeve  
5BR Noah Caruso  
5EW Delilah Grimmer  
5JN Keeva Chidgey

6ALT Bertie Rose  
6CC Isla Cheeseman  
6LS Mary-Ann  
6SE Albert Cater

I hope that you all have a good weekend.

With my best wishes,



Melody Kingman  
Headteacher

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Healthy School

