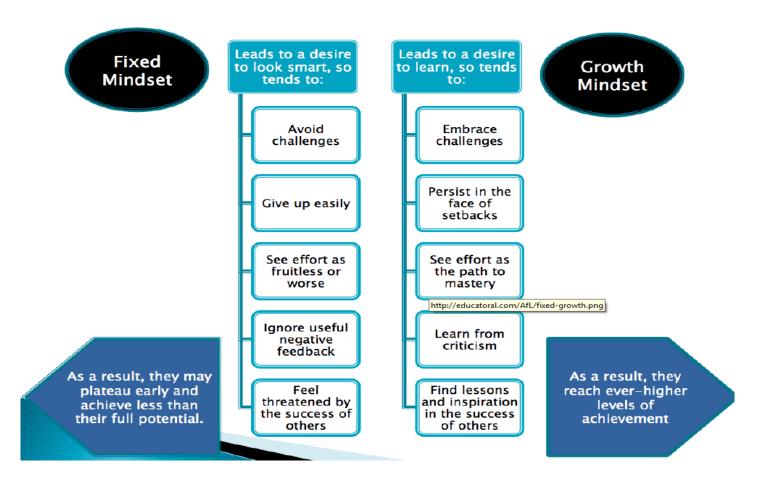
## GROWTH MINDSET

The idea of a growth mindset has been developed over the last twenty years by psychologist Carol Dweck.

This chart summarises the key differences between a fixed and a growth mindset.



## How and why are we using Growth Mindset in school?

All staff and children are developing their understanding of a growth mindset and how it can help when we are stuck or need help. We are using it to support one of our key aims, 'To be the best we can be and make great choices.' We all have moments when a fixed mindset creeps in and it's great that others can say, "You're nearly there," or "Keep going!"