



HERNE BAY JUNIOR SCHOOL

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HERNE BAY JUNIOR SCHOOL IS A SAFE, INCLUSIVE AND WELCOMING ENVIRONMENT FOR ALL MEMBERS OF THE SCHOOL COMMUNITY. APPROPRIATE BEHAVIOUR AND RESPECT FOR OTHERS SHOULD BE UPHELD AT ALL TIMES.

For safeguarding, the school office will be closed from 8.35am-8.50am and 3.15pm-3.25pm daily. This is to allow the children to enter and exit the site safely. Please call or use the intercom during these times for assistance.

Friday 6th October 2023

TERM DATES FOR THE DIARY

Next week:

- 9th October – Supporting your child with worries and fears workshop – 9am – 10:30am
- 10th October – Wear Yellow for World Mental Health Day - £1 donation (for Young Minds)
- 10th October – Year 5 parents (only) invited to Harvest assembly
- 11th October – Harvest Festival
- 13th October – Swimming - Anning & Curie

- 16th October – Parent Workshop – Understanding Sleep and Autism
 - 17th October – Parents Evening – 4pm – 6:30pm
 - 18th October – Arty Day – Black History Month
 - 18th October – Parents Evening – 3:30pm – 6:30pm
 - 20th October – Non-Uniform Day – donation to the Riverside Church ‘All Wrapped Up’ Community Project
 - 20th October – Year 3 singing – Year 3 Parents invited 2:30pm
- Term 1 ends – Friday 20th October (3:15pm finish)**

Staff Development Day – Monday 30th October

Term 2 begins - Tuesday 31st October

Tuesday 10th October is Mental Health Day. The theme for 2023, set by the World Foundation of Mental Health, is ‘Mental Health is a Universal Human Right’:



[World Mental Health Day 2023 | Mental Health Foundation.](#)
In recognition of the day, pupils and staff are invited to wear yellow for a £1 donation to raise money for Young Minds:
[YoungMinds | Mental Health Charity For Children And Young People | YoungMinds #HelloYellow](#)

I am pleased to share with you all that Miss Neame and her partner, Tom, welcomed their baby to the world last weekend. Daisy arrived safely on 1st October only a few days after Miss Neame started her maternity leave! They are both enjoying getting to know their precious baby girl.

Today, we say goodbye to one of our TAs, Mrs Blackford. We will all miss her and thank her for the wonderful contribution that she has given during her time at HBJS.

ATTENDANCE

Our whole school attendance this week is 92.24%.
Overall attendance this year to date is 93.83%.

There were no classes achieving 97+% attendance this week.

212 children remain in the 100 club with 100% attendance.
212 pupils currently have attendance of 98% or above.

107 late codes have been recorded this week; well done to Year 3 for improving in this area. All children must arrive at school **by 8:45am** each day to avoid being coded as ‘late’.

A reminder that Early Morning Sports Club is open for all children to attend and starts promptly at 8:20am each day.

HOUSE POINTS

Kestrels are the winners this week with 256 house points – well done!

Hawks – 231 house points

Eagles – 200 house points

Falcons – 177 house points

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HARVEST FESTIVAL

Next Wednesday, 11th October, is Harvest Festival. From Monday, we invite children to bring in donations of non-perishable food items which be on display throughout our celebration.

SEN NEWS

Kent Youth Voice

Do you have an 11-18 year old with a diagnosis of Autism? Kent Youth Voice are looking for young people who are willing to share their experiences growing up with Autism to inform the training they provide. Take a look at the poster attached to this newsletter for further information.

SEN Surgery

Every Wednesday, Miss Black, SENCO, and Mrs Hewitt host phone calls with parents who want to discuss their children's needs in more detail. The time might be used to discuss moving forwards for a referral and assessment or simply to share strategies that work in one location that we want to transfer to the other. If you think you'd like a phone call, please contact either one of the team and book a slot.

Dyslexia Awareness Week

Dyslexia East Kent support will be hosting their free drop in on Saturday 7th October 2-4pm.

Demonstrations of ways to support reading, spelling, Maths, writing and dyspraxia will be included.

There is a warm welcome and refreshments for all.

No need to sign up just attend on Saturday at Beltinge Memorial Hall, 149 Reculver Road, Beltinge, CT6 6PL

MENTAL HEALTH AND WELLBEING NEWS

Supporting Your Child with Worries & Fears Workshop

On Monday 9th October, the EWP and Mrs Edwards are holding a workshop for parents in school.

The workshop will support parents/carers to recognise and understand their child's anxiety, worries, and fears, and how these are maintained. We will focus on a CBT-based approach, looking at the links between thoughts, feelings, and behaviours. The workshop will also explore when anxiety can be helpful and gives recommendations and strategies for when anxiety becomes unhelpful.

Arrival is at 8.45am for refreshments and the session will be 9-10.30am.

INCLUSION BEAR

Nominated:

Picasso class nominated Mrs Sutherland for being such a kind teacher. "She makes learning super fun and is going to let us do Times Table Rock Stars as early morning work!".

Arabelle nominated Parker in Da Vinci class. She said that whenever she's sad or hurt, he is always there for her.

Tilly nominated India in Curie class. "She is so kind to everyone. I also noticed at lunchtime she was putting the logs on the path to the forest back in place as someone had moved them. She is always smiling too."

Lexi and Miss Findeis nominated Mr Hewitt and Mr Hobbs for "taking time out of their busy day to play in our café game." Lexi said it was really, really fun! They also wanted to thank them for keeping our buildings and forest area safe.

Neveah and Millie nominated Darlamai in Jemison class for being a nice, caring person that helps them all the time.

Emma in Banneker class nominated Erica. Emma said, "I wanted to go to morning sports, but I was scared and worried. I told Erica how I felt and she took my hand and went to it with me. I am so grateful to have her as a BFF by my side. I don't know what I would do without her."

Larra, and the rest of Picasso class, nominated Mrs Blackford as she is amazing and the best TA in the whole world. They said "We will miss her so much and we hope she has a wonderful future."

Awarded:

Miss Leeks nominated Rico. She said, "I would like to nominate Rico in Banneker class for Patch. One day this week, he accompanied two children on their brain break. His encouragement whilst they played a ball game, and the level of understanding in his approach, was quite touching. He made a real difference to their afternoon and showed a very mature attitude. I felt very proud of him".

ROCKING READERS

This week's Rocking Readers are a Year 3 class: Parks! The children have maintained their class average time spent reading which has consistently been the highest in school.

Our Meerkat prize, given to any class with no outstanding library books, was awarded to Turing class.

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Healthy School



TT ROCK STARS

Da Vinci class are this week's TT Rock Stars award winners. They increased the percentage of attendance on the site to 92%. Evidence shows that 3 minutes practise every day will improve children's knowledge and retention of times tables facts. Please encourage your child to access the site as part of their homework routine.

SPORTS AWARD

Mille Robinson was recognised for the George Mogg Sports Cup this week. Mille is a determined young sportsperson who shows perseverance and resilience. Despite not being selected for the football team, she continued to independently practise and develop her skills and has been rewarded for her effort by gaining a place this week. Well done, Millie!

MR FOREMAN'S ECO CORNER



I know you've all been looking forward to this week's eco corner special so here goes...

Armed with your calculated carbon footprint that you worked out last week (if you've been good and completed the set homework), what we need to know now is

how much do your emissions need to go down by to reach net zero emissions globally.

Unfortunately, there is no government guidance on this, but, in line with the aims of the Paris Agreement (which is to limit global temperature increase to below 2°C) you should aim for an annual footprint of around 2 tons, preferably less if possible. This number, at the moment, is the point where the planet can sustain or keep the balance of the amount of CO₂ produced to the amount it needs for life. Obviously the more the population increases the lower the number needs to be but you get the gist.

Don't worry if the gap between your number and the 2-ton goal is large. There are lots of things you can do, many of which will save you money rather than cost you more. The biggest thing to do overall is reduce or remove your dependence on fossil fuels for energy and fuel. Here are some ideas:

- Get a smart meter or energy usage app from your energy company to track your real-time energy use, so you can see which activities are using the most energy
- Use less energy overall. For example, keep lids on pots to reduce gas needed for cooking, or shower instead of taking a bath to reduce your hot water usage
- Increase the energy efficiency in your home; low energy appliances, LED lights, insulation, draught proofing
- If and when you can, switch to electric: electric hobs, electric heating, or heat pumps.

- Switch to a 100% renewable electricity provider
- Use your petrol/diesel car less;
- Walk or cycle more.
- Use public transport
- If and when you can, switch to an electric car
- Minimise flying; can you get a train to destinations in Europe, can you take more holidays in the UK
- Solar panels etc etc.

The other big area to think about is your consumption. Again, there are lots of things you can do to get these emissions right down; and most will save you money:

- Do you really need to buy something new in the first place? Can you repair your belongings, reuse more, or buy second hand?
- If you do need to buy something new, try and make it as locally and sustainably sourced as possible
- Reduce the amount of meat and dairy in your diet. You don't need to eliminate them entirely, but try to reduce them by at least 20%. Have meat-free days, and buy some non-dairy milk to try on your cereal or in tea and coffee
- Get your food waste down to zero by planning your meals in advance and only shop for what you will use. You can compost tea bags, peelings, egg shells and so on
- Don't buy peat compost, or anything growing in peat compost including house plants or herbs; check with the supplier and tell them you won't buy peat
- Look at all the people you buy from and choose ones that have made a public declaration not to invest in fossil fuels.

There are loads of websites out there that will show you how to bring your carbon footprint down; plough through a few of them. As a suggestion, have a look at this website, <https://www.wildlifetrusts.org/things-you-can-do-climate-change>, lots of tips on how to reduce your carbon footprint and help nature.

I know this week's step is a big one, there's lots of work to be done here, but it's all very achievable, if you really want it.

Next week is a bit easier, the final piece of the jigsaw. If you've done everything you can to try to reduce your footprint and can't get it down anymore, then carbon offsetting could get those last remaining kg's off.

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SUPPORT FOR THE COMMUNITY

Christ Church and St Andrews are delighted to be able to serve the community in these ways:

Tuesday and Friday each week 10am-12 noon: We run a food larder at Christ Church South Room, William Street where people can collect food and other things when they find themselves in need. You do not need to prove your need but we ask people to respect that the provision is there for those who are struggling. At the same time, in the other side of the building, we have some computers available for job searches, benefit applications and the like. We have people trained to help and signpost people to other agencies that might help. Please just come along and see if we can help.

Wednesdays 9.45am-11.30am: We are delighted to have restarted our Baby and Toddler group. Come and join us for a friendly welcome and chance to chat. Toys, slide, ride on toys, baby area, craft / playdough, refreshments are available. We finish with singing and dancing time. Admission is free. Entry through the glass doors in Underdown Road which can also be accessed from William Street.

Tuesdays 3.45pm-5.15pm Bay Ignite: A family friendly time with games, videos, craft and a Christian theme. A free meal is provided each week. Families are welcome. This happens at St Andrews Church, Hampton Pier Avenue Herne Bay.

HERNE BAY ROLLER HOCKEY CLUB

Herne Bay Roller Hockey Club are looking for new members. If your child would be interested, please see the poster attached to this newsletter for details.

STAR OF THE WEEK

Well done to the following children for being identified by their class teachers as this week's Stars of the Week. Certificates will be emailed to parents/carers.

Parks	Dolly Crane
Shakespeare	Lennon Wightman
Tolkien	Hamza Mutlu
Da Vinci	Sam Skinner
Dali	Koby Moon
Kahlo	Isaac Mortlock-Allan
Picasso	Ella Chantler
Anning	Luca Streatfield
Curie	Oscar Meire
Hawking	Pariya Hothi
Jemison	Amelia Robinson
Banneker	Poppy Leeds
Johnson	Esme Russell
Nightingale	Imogen Francis
Turing	Archie Marsh

TA RECOGNITION AWARD

Each week, our TAs recognise those children who consistently shine as positive role models to others during break and lunch times. Certificates will be emailed to parents/carers.

This week's awards go to:

Year 3	Evangeline Medhurst
Year 4	Harry Harding
Year 5	Josie Carr
Year 6	Bentley Gray

Wishing you all a sunny and happy weekend.

Best wishes,



Melody Kingman
Headteacher

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